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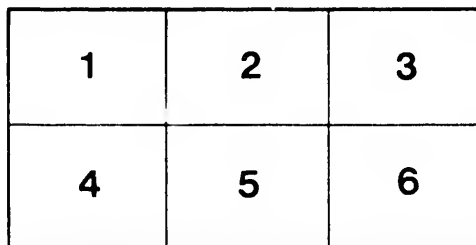
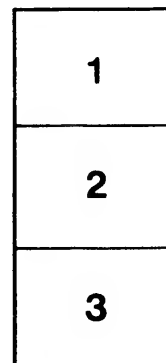
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COMPILED
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CHARLOTTETOWN:
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1842.

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PART I.

PRAYER BOOK.

Pray without ceasing.—Thes. v. 17.

Table of Holidays of Obligation and Devotion,
together with the Fastdays and days of abstinence
obligatory in the Diocese of Charlottetown.

1.—*Immoveable Holidays of Obligation.*

Every Sunday throughout the year

<i>January.</i>	<i>November.</i>
1. Circumcision.	1. All Saints.
6. Epiphany.	
<i>March.</i>	<i>December.</i>
25. Annunciation.	8. Conception B.
<i>June.</i>	V. M.
29 SS. Peter and Paul.	25. Christmas-day.

II.—*Moveable Holidays of Obligation.*

Easter Sunday.
Ascension-day.
Pentecost.
Corpus Christi-day.

III.—*Holidays of Devotion.*

Easter Monday.

Easter Tuesday.

Pentecost Monday.

Pentecost Tuesday.

St. Stephen, December 26.

St. John, 27.

The 8th day after Corpus Christi.

IV—*Fast-days*

Every week day in Lent.

Ember days, or

The first Wednesday, Friday and Saturday, after the first Sunday of Lent; after Pentecost Sunday; after the 14th of September; and after the 13th of December, or after the 3d Sunday of Advent.

The Vigils of Christmas, of Pentecost, of St. John the Baptist, on the 1st Saturday after the 20th June; of SS. Peter and Paul, of S. Lawrence, 1st Saturday after the 6th of August; of the Assumption, 1st Saturday after the 15th of August, of St. Mathew, on the 1st Saturday after 16th of September; of SS. Simon and Jude, 1st Saturday after the 24th of October, of All Saints and of S. Andrew, last Saturday of November.

V.—*Days of Abstinence.*

Every Sunday in Lent.

The festival of St. Mark, 25th April.

Monday, Tuesday and Wednesday in Rogation week.

Every Friday and Saturday throughout the year, the Saturdays between the 25th December and the 2d of February excepted.

A TESTAMENT OF THE SOUL,

To be made by a good Christian every day.

In the name of God. Amen.

I BEQUEATH my soul to God, my body to the earth, rottenness, and worms.

I abandon freely all temporal goods, which are but mere vanity.

I repent with all my heart of my sins, and that for the love of God.

I pardon with my whole heart and soul all my enemies.

I believe in God, one in essence, and three in persons; Father, Son, and Holy Ghost: Creator, Conservator, and Remunerator; all powerful, all good, all bountiful, all wise: that the second person, who is the Son of God, became man, and died upon the cross to save me; and whatsoever the Holy Catholic, Apostolic, and Roman Church doth propose unto me to believe.

I hope from the bounty of God, through the merits of my dear Saviour, Jesus Christ, the remission of all my sins, and life everlasting.

I love God for his own sake alone, with all my heart, with all my soul, and with all my strength.

I resign myself purely, entirely, and absolutely to the disposal of his most holy and always adorable will, being ready to do and suffer, to be healthy and sick, to live and die, when and after what manner he pleases; his holy will be done. Amen.

I commend my soul, and all that I am, to the intercession of the glorious Virgin Mary, my good mother and advocate ; to St. Joseph, and my angel guardian, and to all the saints in Heaven, whom I most humbly beseech to assist me, at the hour of my death.

For my last words, I say in profound humility and contrition of heart, Jesus, Maria, desiring to die in their blessed arms; and when my tongue cannot pronounce these holy names I desire to do it with my heart.

MORNING PRAYER.

At up-rising in the Morning.

*In the Name of the Father, and of the Son, and of
the Holy Ghost.*



IN the name of our Lord Jesus Christ crucified, I arise ; bless me, O Lord, protect and defend me; and after this short and miserable pilgrimage, bring me to everlasting happiness. Amen.

Holy Trinity, one God, unto thy protection I recommend my soul and body ; deliver me this day from all sin, and preserve me from sudden and unprovided death. Amen.

O merciful Jesus, I beseech thee, through thy most sacred death and passion, to grant me pardon and full remission of all my sins. Amen.

O angel of God, to whose holy care I am committed by the supreme clemency, defend me from all danger. Amen.

Holy Mother of God, protect me this day from all evil ; but especially at the hour of my death, assist me by thy powerful intercession. Amen.

Prayers for Morning.

IN the name of the Father + and of the Son, and of the Holy Ghost. Amen.

Blessed be the Holy and undivided Trinity, now and for ever. Amen.

The Lord's Prayer.

OUR Father who art in heaven, hallowed be thy name: thy kingdom come: thy will be done on earth as it is in heaven: give us this day our daily

bread; and forgive us our trespasses, as we forgive them that trespass against us: and lead us not into temptation: but deliver us from evil. Amen.

The Angelical Salutation.

HAIL, Mary! full of grace, our Lord is with thee: blessed art thou amongst women, and blessed is the fruit of thy womb JESUS. Holy Mary, Mother of God, pray for us sinners, now, and at the hour of our death. Amen.

The Apostle's Creed.

I BELIEVE in God the Father Almighty, Creator of heaven and earth. And in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Ghost, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, dead, and buried; he descended into hell, the third day he rose again from the dead; he ascended into heaven, and sitteth at the right hand of God the Father Almighty: whence he shall come to judge the living and the dead. I believe in the Holy Ghost, the Holy Catholic Church; the communion of saints; the forgiveness of sins; the resurrection of the body; and the life everlasting. Amen.

An Act of Faith in the Presence of God.

O MY God, I firmly believe thou art here, and perfectly observest all my actions, all my thoughts, nay, even the most secret motions of my heart. Ah! canst thou suffer in thy holy presence a sinner who has so often offended thee? Yes, thy goodness and liberality not only invite, but even command me to approach thee, Grant me therefore the grace to pray to thee as I ought.

Come, O Holy Spirit, fill the hearts of thy faithful, and enkindle within them the fire of thy love.

V. Send forth thy spirit; and our hearts shall be regenerated.

R. And thou wilt renew the face of the earth.

Let us pray.

O GOD, who, by the light of the Holy Ghost, didst instruct the hearts of the faithful, grant us, thro' the same Holy Spirit, a love and relish of what is just and right, and the constant enjoyment of his comforts : thro' Jesus Christ our Lord, who with thee, in the unity of the same. &c. Amen.

An Act of Adoration and Thanksgiving.

I ADORE thee, O my God, as my Creator and Sovereign Lord; and with all possible thanks acknowledge the many corporeal and spiritual benefits thou hast conferred upon me. Thou hast created me, and out of nothing given me a being. Thou hast redeemed me by the death of thy Son, Sanctified me by the grace of thy Holy Spirit; preserved me from infinite dangers, and from Hell fire, which my sins have so often deserved. Although thou knowest me to be an ungrateful and unprofitable servant, nevertheless, thou hast hitherto patiently expected the amendment of my life; and for this purpose, thou hast preserved me from the dangers of the past night, and granted me the present day; that I may labour with more care and diligence than I have hitherto done, to obtain that crown of eternal glory which thy goodness has prepared for me. O the goodness of my God towards

me! Alas! what return can I make for such innumerable benefits? I will praise thy Holy name, O Lord, and am resolved to serve thee with more fidelity during the remainder of my life.

Here recall to mind the chief sins of your life past, and firmly resolve to resist the temptations and dangerous occasions to which you may be exposed in the course of the present day.

HOW ill, O my God, have I hitherto lived! Ah! how little have I done for thy sake? I am heartily sorry for having squandered away that time in offending thee, which thy infinite goodness gave me to be employed in promoting the welfare of my soul, and in purchasing everlasting life. I detest, O Lord, all the sins I have committed against thy divine Majesty. I am sorry that I have offended thee, who art infinitely good, and to whom sin is infinitely displeasing. I love thee with my whole heart and soul, and am firmly resolved by the help of thy grace, to serve thee with more fidelity for the time to come. Receive, I beseech thee, the remainder of my life. I again renew the promises made by me in baptism, to renounce the devil, his works, and all his pomps. I am resolved, with the assistance of thy grace to spend this day according to thy holy will, both as to the nature and circumstances of my actions, by performing them in such a manner as may be most pleasing to thee. I will take particular care to avoid those failings to which I am most subject, and to exercise the virtues which are most agreeable to my state and condition of life.

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I OFFER thee, my God! together with the life, passion, and death of thy only Son, all my affections, resolutions, thoughts, words, deeds, and sufferings of this day, and my whole life, in honor of thy adorable Majesty; in thanksgiving for all thy benefits; in satisfaction for my sins; and to obtain the assistance of thy grace; that persevering to the end in the performance of thy holy will, I may love and enjoy thee for ever in thy glory.

A Petition.

THOU knowest, O God, how unable I am of myself to do the least good. Abandon me not, therefore, but take me under thy protection, and grant me the grace faithfully to comply with these holy resolutions. Enlighten my understanding with the rays of a lively faith; excite in my will a lively hope in thy promises, and inflame it with the fire of an ardent love of thy infinite goodness.

Strengthen my weakness, I beseech thee, heal the corruption of my heart; grant, that overcoming all my enemies, visible and invisible, I may make the best use of thy grace; and vouchsafe to add to these favours the inestimable gift of final perseverance.

V. To thee, O Lord, I have raised my voice.

R. And early in the morning my prayer shall come before thee.

V. Let my mouth be ever filled with thy praise.

R. That I may publish thy glory, and all the day thy greatness.

V. Turn thy face, O Lord, away from my sins.

R. And blot out all my iniquities.

V. Create in me a clean heart, O God.

R. And renew an upright spirit within me.

V. Cast me not out of thy sight.

R. Nor take thy holy spirit from me.

V. Restore to me the joy of thy salvation.

R. And strengthen me with thy sovereign spirit.

V. Our help is in the name of the Lord,

R. Who made both heaven and earth.

V. Vouchsafe, O Lord, this day,

R. To preserve us from all sin.

V. Have mercy upon us, O Lord,

R. Have mercy upon us.

V. Let thy mercy, O Lord, be poured forth upon us.

R. According to the hopes we have placed in thee.

V. O Lord, hear my prayer.

R. And let my supplication come unto thee.

Let us pray.

ALMIGHTY Lord, and most merciful God, who hast brought us safe to the beginning of this day, let thy powerful grace so conduct us thro' it, that we may not fall into any sin; but that all our thoughts, words, and actions, may be regulated according to the rules of thy heavenly justice, and tend to the observance of thy holy law; thro' the merits of Jesus Christ our Lord. Amen.

Let us pray.

LORD God, the King of heaven and earth, vouchsafe this day to rule and sanctify, to direct and govern our souls and bodies, our senses, words, and actions, in conformity to thy law, and in obedience to thy commands; that by the help of thy grace, O Saviour of the world, we may be fenced and freed from all evil, both now and for ever. Amen.

O GOD, who, out of thy unspeakable providence, art pleased to appoint thy holy angels for our guardians and protectors, hearken to the supplications we make for a continuance of their protection, and grant that we may be united to their happy society for all eternity. Amen.

May the B. V. Mary, St. Joseph and all the saints become our intercessors with the Lord, that we may be succoured and defended by him this day, and live and reign with him for everlasting ages. Amen.

May the Lord bless us, and preserve us from all evil, and conduct us to life everlasting; and may the souls of the faithful departed thro' the mercy of God, rest in peace. Amen.

The Litany of our Lord Jesus Christ.

LORD, have mercy upon us. Christ have mercy upon us. Lord, have mercy upon us. Christ hear us.

Christ graciously hear us.

God, the Father of heaven,

God, the Son, Redeemer of the world,

God, the Holy Ghost,

Holy Trinity, one God,

Jesus, Son of the living God,

Jesus, splendour of the Father,

Jesus, brightness of eternal light,

Jesus, King of Glory,

Jesus, the sun of Justice,

Jesus, Son of the Virgin Mary,

Jesus, whose name is called Wonderful,

Have mercy upon us.

Jesus, the Mighty God,
 Jesus, the Father of the world to come,
 Jesus, the angel of the great council,
 Jesus, most powerful,
 Jesus, most patient,
 Jesus, most obedient,
 Jesus, meek and humble of
 heart,

Jesus, lover of chastity,
 Jesus, lover of us,
 Jesus, the God of peace.
 Jesus, the author of life,
 Jesus, the example of all vir-
 tues,

Jesus, zealous lover of souls,

Jesus, our God,

Jesus, the Father of the poor,

Jesus, the treasure of the faithful,

Jesus, the good shepherd,

Jesus, the true light.

Jesus, the eternal wisdom.

Jesus, infinite goodness,

Jesus, the way, the truth, and the life.

Jesus, the joy of angels,

Jesus, the king of patriarchs,

Jesus, the inspirer of the prophets,

Jesus, the master of the apostles,

Jesus, the teacher of the evangelists,

Jesus, the strength of martyrs,

Jesus, the light of confessors,

Jesus, the spouse of virgins,

Jesus, the crown of all saints.

Be merciful unto us, *Spare us, O Lord Jesus,*

Be merciful unto us, *Hear us, O Lord Jesus.*

Have mercy upon us.

*Have mercy Have mercy
upon us. upon us.*

From all evil.
From thy wrath,
From the snares of the devil,
From the spirit of uncleanness,
From everlasting death,
From the neglect of thy holy inspirations,
Thro' the mystery of thy most holy
incarnation,
Thro' thy nativity,
Thro' thy divine infancy,
Thro' thy sacred life,
Thro' thy labours and travails,
Thro' thy agony and bloody Sweat,
Thro' thy cross and passion,
Thro' thy pains and torments,
Thro' thy death and burial,
Thro' thy glorious resurrection,
Thro' thy admirable ascension,
Thro' thy joys and glory,
In the day of judgment.

Lord Jesus deliver us.

Lamb of God, who takest away the sins of the world, *Spare us, O Lord Jesus.*

Lamb of God, who takest away the sins of the world, *Hear us, O Lord Jesus.*

Lamb of God who takest away the sins of the world, *Have mercy upon us, O Lord Jesus.*

Christ Jesus hear us, Christ Jesus, graciously hear us.

Let us pray.

O LORD Jesus Christ, who hast said Ask and you shall receive; seek and you shall find, knock and it shall be opened unto you : grant we beseech

Have mercy upon us.

Have mercy Have mercy upon us.

thee, to our most humble supplications, the gift of thy divine love, that we may ever love thee with our whole hearts, and never cease from praising and glorifying thy name. Amen.

O DIVINE Redeemer, give us a perpetual fear and love of thy holy name; for thou never ceasest to direct and govern by thy grace those whom thou instructest in the solidity of thy love: who livest and reigest world without end. Amen.

ANGELICAL SALUTATION.

V. The angel of the Lord declared unto Mary.

A. And she conceived by the holy.

Hail Mary, &c.

V. Behold the handmaid of the Lord.

A. Be it made unto me according to thy will.

Hail Mary, &c.

V. And the word was made flesh.

A. And dwelt amongst us.

Hail Mary, &c.

V. Pray for us, O holy mother of God,

A. That we may be made worthy of the promises of Christ.

Let us pray.

POUR forth, we beseech thee, O Lord, thy grace into our hearts, that we to whom the incarnation of Christ thy son was made know by the message of an angel, may, by the passion of Christ be brought to the glory of his resurrection, through christ our Lord. Amen.

PRAYERS FOR NIGHT.

†
IN the name of the Father, and of the Son, and
the Holy Ghost. Amen.

Blessed be the holy and undivided Trinity, now
and for ever. Amen.

*Then say, The Lord's Prayer—Angelical Salu-
tation—Apostle's Creed—as in p. 7.*

I CONFESS to Almighty God, to blessed Mary,
ever a Virgin, to blessed Michael the Arch-
angel, to blessed John the Baptist, to the holy
apostles Peter and Paul, and to all the saints, that I
have sinned exceedingly in thought, word, and
deed, through my fault, through my fault, through
my most grievous fault. Therefore I beseech the
blessed Mary, ever a Virgin, the blessed Michael
the Archangel, the blessed John the Baptist, the
holy apostles Peter and Paul, and all the saints, to
pray to the Lord our God for me.

May Almighty God have mercy on me, forgive
me my sins, and bring me to everlasting life. Amen.

May the Almighty and merciful Lord grant me
pardon, absolution, and remission of all my sins.
Amen.

Invoke the assistance of the Holy Ghost saying.

COME, O Holy Spirit, take possession of the
hearts of the faithful, and kindle within them
the fire of thy love.

V. Send forth thy Spirit, and they shall be
created.

R. And thou wilt renew the face of the earth.

Placing yourself in the presence of God, return him thanks for all the benefits you have ever received from him, particularly this day.

O MY God, I firmly believe thou art here present, and perfectly observest all my actions, my thoughts, and even the most secret motions of my heart. Thou watchest over me every moment with incomparable love, conferring thy favours on me, and preserving me from evil. May all creatures unite with me, in extolling thy goodness for all the benefits I have ever received from thee, particularly this day, and may the saints and angels supply my deficiency in rendering thee due thanks. Never permit me, O Lord, to be so base and wicked as to repay thy bounties with ingratitude, and thy blessings with offences and injuries.

Pray for the grace to discover the sins you have committed this day, and for a true sorrow for them.

O MY Lord Jesus Christ, Judge of the living and the dead, before whom I must one day appear, to give an exact account of my whole life; enlighten my understanding, I beseech thee, and grant me an humble and contrite heart, that I may discover wherein I have offended thy infinite Majesty, and judge myself with such just severity now, as may induce thee to judge me with mercy and clemency hereafter.

Here examine, whether you have committed any sins this day, by thought, word, deed, or omission; and

if none occur to your recollection, reflect again on the chief sins of your life past, and say,

I DETEST these and all the other sins, O Lord, whereby I have offended thy infinite Majesty, from the bottom of my heart, and am firmly resolved, by the aid of thy grace, to confess them, to make satisfaction for them, to avoid all occasions of sin, and never offend thee more. Have mercy on me, O God, grant mercy and pardon to me, a most wretched and miserable sinner : that my soul being so effectually washed in the precious blood of thy Son, every stain of sin may be entirely obliterated.

Let us pray.

O ALMIGHTY and eternal God, whose majesty filleth heaven and earth, we firmly believe that thou art here, that thy adorable eyes are upon us, that thou seest and knowest all things, and art most intimately present in the very centre of our souls. We desire to bow down all the powers of our souls to adore thee: We desire to join our voices with all thy angels and saints, to praise and glorify thy holy name. We give thee thanks, from the bottom of our hearts, for the numberless blessings thou art continually bestowing upon us, and upon the whole Church, and particularly for thy merciful preservation of us this day from the dangers incident to our condition, and from the miseries and calamities due to our sins. And since thou hast ordained us the day to labour, and the night to take our rest, as we praise thee for the blessings of the day past, so we beg and beseech thee for thy merciful protection this night; let the eye of thy providence watch over us, O God, and let thy holy angels

pitch their tents around us, that being safely delivered from all dangers, and comfortably refreshed with moderate sleep, we may the better be enabled to perform the duties of our calling and state of life, and so daily advance to new victories over our passions, and a more perfect observance of thy holy commandments, till living in thy fear, and dying in thy favour, we come to enjoy thee for ever in thy eternal kingdom : Thro' Jesus Christ our Lord. Amen.

The Litany of our Lady of Loretto.

Anth. **W**E fly to thy patronage, O sacred Mother of God ! despise not our prayer in our necessities, but deliver us from all dangers, O ever glorious and blessed Virgin.

Lord, have mercy upon us. Christ have mercy upon us. Lord have mercy upon us.

Christ hear us. Christ graciously hear us.

God the Father of heaven, *Have mercy upon us.*

God the Son, Redeemer of the world, *Have mercy upon us.*

God, the Holy Ghost, *Have mercy, &c.*

Holy Trinity, one God, *Have mercy upon us.*

Holy Mary *Pray for us.*

Holy Mother of God,

Holy Virgin of virgins,

Mother of Christ,

Mother of divine grace,

Mother most pure,

Mother most chaste,

Mother undefiled,

Mother unviolated,

Pray for us.

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, Have mercy

upon us.

Pray for us.

Most amiable mother,
Most admirable mother,
Mother of our Cerator,
Mother of our Redeemer,
Most prudent virgin,
Most venerable virgin,
Most renowned virgin,
Most powerful virgin,
Most merciful virgin,
Most faithful virgin,
Mirror of justice,
Seat of wisdom,
Cause of our joy,
Spiritual vessel,
Vessel of honor,
Vessel of singular devotion,
Mystical Rose,
Tower of David,
Tower of ivory,
House of gold,
Ark of the covenant,
Gate of heaven,
Morning star,
Health of the weak,
Refuge of sinners,
Comforter of the afflicted,
Help of Christians,
Queen of angels,
Queen of patriarchs,
Queen of prophets,
Queen of Apostles,
Queen of martyrs,
Queen of confessors,
Queen of virgins,
Queen of all saints,

Pray for us.

Lamb of God, who takest away the sins of the world, *Spare us, O Lord.*

Lamb of God, who takest away the sins of the world, *Hear us O Lord.*

Lamb of God who takest away the sins of the world, *Have mercy upon us.*

Anth. we fly to thy patronage, &c.

V. Pray for us, O holy mother of God,

R. That we may be made worthy of the promises of Christ.

Let us pray.

POUR forth, we beseech thee O Lord, thy grace into our hearts, that we, to whom the incarnation of Christ thy Son was made known by the message of an angel, may, by his passion and cross, be brought to the glory of his resurrection. *Thro' &c. Amen.*

PRAYERS BEFORE MASS.

When you enter into the Church, say,

O LORD, in the multitude of thy mercies, I will enter thy house, and adore thee in thy holy temple, and praise thy glorious name.

Sprinkle me, O Lord, with hyssop, and I shall be cleansed, wash me, and I shall become whiter than snow.

An Oblation of the Mass, according to the four Ends of this our Christian Sacrifice.

O MOST merciful Father, who hast loved the world to such a degree as to deliver up thy beloved Son to suffer the cruel death of the cross for the redemption of us poor sinners; and wouldst,

moreover, have the same oblation daily renewed in the Mass, in order that we might apply the fruits of his sacred passion to our souls: grant we humbly beseech thee, that we may assist therat with such respect, attention, and devotion, as to become partakers of the fruits and virtues of the bloody sacrifice of the cross: and as this our christian oblation contains in a more excellent degree, all the virtue and perfection of the sacraments of the old law, so we offer it up to thee, in the manner of the four-fold oblations of the ancient sacrifices. *First*, O Lord, in humble and sincere acknowledgment of that supreme power and dominion thou hast over us and all creatures; to which we cheerfully submit: *Secondly*, in satisfaction and atonement for all the sins we have committed against thy infinite Majesty: *Thirdly*, in thanksgiving for all the favours and blessings bestowed on us in general or particular; and, *Lastly*, that we may mercifully obtain, of thy divine goodness, whatever thou knowest we stand most in need of, either for the welfare of our soul or body. (*Here may be added in particular, what each most want for themselves, or others, living or dead*). With these dispositions and intentions, we approach, O God, this day to thy altar, relying on thy power and mercy to grant our petitions, and supply us with grace for the performing our duty: thro' the divine merits of the sacred death and passion of thy only Son, our Lord and Saviour Jesus Christ.

An Excellent Method of hearing Mass.

Make the Sign of the Cross with the Priest, and say, as follows:

† **I**N the Name of the Father, and of the Son, and of the Holy Ghost. Amen.

I will draw near to thy altar, O my God, to gain new strength and vigour to my soul. Separate me by thy grace from those unbelievers who have no trust in thee.

That grace, which comforts me, when the recollection of my sins afflicts and casts me down.

That grace, which lets me know there is an everlasting refuge in thy goodness: and that, whenever we sincerely repent, thou art ready to forgive even our greatest sins.

Judica me Deus, Gloria in excelsis, and the Creed, are not said in Masses for the Dead; and at other times you may pass any of them over, when you find them omitted by the Priest.

Say the Confiteor after the Priest, as follows :

I CONFESS to Almighty God, to the blessed Virgin Mary, to the blessed Michael the Archangel, to the blessed John Baptist, to the holy apostles Peter and Paul, to all the saints, and to you, O Father, that I have exceedingly sinned in thought, word, and deed, *through my fault, through my fault, through my most grievous fault.* Therefore I beseech the blessed Virgin Mary, blessed Michael the Archangel, blessed John Baptist, the holy apostles Peter and Paul, all the saints, and you, O Father, to pray for me the Lord our God.

After the Confession, say,

O MY God, who hast commanded us to pray for each other, and, in thy holy Church, hast given even to sinners the power of absolving from sin: receive with equal clemency, the prayers of thy people for the priest, and those of thy priest for the people.

We beseech thee, O Lord, by the merits of those saints, whose sacred relics are here deposited, and of all the saints, that thou wouldst vouchsafe to forgive us all our sins. Amen.

When the Priest goes first to the Book, and reads the Introit, say,

GRANT, O Lord, that we may be truly prepared for offering this great sacrifice to thy divine Majesty; and because our sins alone can render us displeasing to thee, we therefore cry aloud to thee for mercy.

At the Kyrie Eleison, say,

HAVE mercy upon me, O Lord, and forgive me all my sins.

Have mercy upon me, O Lord, have mercy upon me.

At the Gloria in Excelsis Deo, say,

GLORY be to God on high, and on earth peace to men of good will: we praise thee, we bless thee, we adore thee, we glorify thee; we give thee thanks for thy great glory, O Lord God, heavenly King, God the Father Almighty; Lord Jesus Christ, the only begotten Son; Lord God, Lamb of God, Son of the Father, who takest away the sins of the world, have mercy upon us; who takest away the sins of the world, hear our prayer; who sittest at the right hand of the Father, have mercy upon us. For thou only art holy, thou only art Lord, thou only, O Jesus Christ, with the Holy Ghost, art most high in the glory of God the Father. † Amen

When the Priest turns to the People, and says Dominus vobiscum, say,

BE thou always with us, O my God, and let thy grace never depart from me.

Whilst the Priest reads the Collects for the Day, say,

WE humbly beseech thee, O Almighty God, mercifully to give ear to the prayers of thy servant, which he now offers thee, in the name of thy Church, and in behalf of us thy people: accept them to the honour of thy name, and the good of our souls; and grant us all those blessing which may any ways contribute to our salvation. Thro', &c. Amen.

At the Epistle, say,

MAYEST thou, O Lord, be eternally praised for having communicated thy divine Spirit to the holy prophets and apostles, disclosing to them admirable secrets, redounding to thy glory and our salvation. We firmly believe their doctrine, because it is thine. Grant us, we beseech thee, the happiness to understand from the Church, through their instructions, what is profitable for us, and grace to practise the same to the end of our lives.

At the Gradual, say,

HOW wonderful, O Lord, is thy name throughout the whole earth! I will bless the Lord at all times; his praise shall be ever in my mouth. Be thou my God and my protector: in thee alone will I put my trust, O let me not be confounded for ever.

At the Gospel, rise up and say,

BE thou for ever adored and praised, O Lord, who, not content to instruct us, by the prophets and apostles, hast even vouchsafed to speak to us by thy only Son, our Saviour Jesus Christ, commanding us, by a voice from heaven, to *hear him*. Grant us, merciful God, the grace to profit by his divine and heavenly doctrine. All that is written concerning thee, dread Jesus, in thy gospel, is truth itself; nothing but wisdom in thy actions, power and goodness in thy miracles, light and instruction in thy word. With thee, sacred Redeemer, are the words of eternal life: to whom shall we go but to thee, O eternal fountain of truth: Grant me, O God, the grace to practise what thou commandest, and command what thou pleasest.

At the Credo, or Nicene Creed, say,

I BELIEVE, O Lord, all thou hast taught me by thy Holy Church. In this faith, through the assistance of thy grace, I desire to live and die. I am convinced of the sincerity and wisdom of those who have delivered these sacred truths to us. Their miraculous success, in the propagation of thy doctrine, is to me a sufficient proof of its veracity. Whither, O Lord, shall I go? Thou hast the words of eternal life. Of thy truth thus delivered, my reason and will shall never doubt, though my senses and vain imagination should. I believe, O Lord, help my unbelief.

At the Offertory, say,

ACCEPT, O holy Father, Almighty and eternal God, this unspotted host, which I, thy unworthy

servant, offer thee, the living and true God, for my innumerable sins, offences and negligences, for all here present, and for all faithful Christians, living and dead, that it may avail both me and them to life everlasting. Amen.

At the Offering of the Chalice, say,

WE offer thee, O Lord, the Chalice of salvation, beseeching thy clemency, that it may ascend before thy divine Majesty, as a sweet perfume, as well for our salvation as for that of the whole world.

Accept us, O Lord, who approach thee in the spirit of humility, and with contrite hearts; and may the sacrifice we offer this day in thy sight, be pleasing to thee, O Lord God.

When the Priest washes his fingers, say,

THOU, O Lord, who once vouchsafedst to wash thy disciples feet, before their invitation to thy holy table; wash us also, we beseech thee, O Lord, and wash us again; not only our feet and hands, but also our hearts, our desires, and our souls, that we may become altogether pure and innocent.

Proceed and say,

RECEIVE, O holy Trinity, this oblation which we now make to thee, in memory of the passion, resurrection and ascension of our Lord Jesus Christ: and in honour of the ever blessed V. Mary, of blessed John the Baptist, of the holy apostles Peter and Paul, and of all the saints, that it may avail to their honour and our salvation. And may they vouchsafe to intercede for us in heaven, whose memory we celebrate on earth. 'Thro', &c. Amen.

At the Orate Fratres, say,

MAY our Lord receive this sacrifice from thy hands, to the praise and glory of his name, for our good, and the benefit of his whole Church.

At the Secret Prayer, say,

MERCIFULLY hear our prayers, O Lord, and graciously accept this oblation, which we thy servants now offer to the honour of thy name, that it may obtain thy grace for us in this life, and everlasting happiness in the next. Amen.

At the Preface, say,

IT is truly meet and just, right and available to salvation, that we should always, and in all places, give thanks to thee, O holy Lord, Father Almighty, eternal God, through Christ, our Lord : by whom the angels praise thy Majesty, the dominations adore it, the powers tremble before it, the heavens and the heavenly virtues, and blessed seraphim with common jubilee glorify it; together with whom we beseech thee, that we may be admitted to join our voices, saying, in an humble manner,

HOLY, HOLY, HOLY, Lord God of Sabaoth, the heavens and the earth are full of thy glory. HOSANNA in the highest. Blessed is he that cometh in the name of the Lord. HOSANNA in the highest.

At the beginning of the Canon, say,

MOST merciful Father, who hast given thy only Son to become our daily sacrifice, favourably incline thy ears to our prayers, and grant our requests. Protect, unite, and govern thy holy Church

throughout the whole world. Pour forth thy blessing, on his present Holiness; on the Prelate who has a particular charge over us; on our king, and on all true professors of the catholic faith.

At the Memento for the Living, say,

I OFFER thee, O eternal Father, with thy minister at the altar, this oblation of the body and blood of thy only Son, to thy honor and glory, in remembrance of my Saviour's passion, in thanksgiving for all thy benefits, in satisfaction for all my sins, and for the obtaining thy grace, whereby I may be enabled to live virtuously, and die happily. I desire thee likewise to accept it, O God, for my parents, (*if alive*), friends and benefactors: grant them all blessings, corporal and spiritual. I offer it up also (*Here name the particular intention you would offer it up for, as for the obtaining this virtue, overcoming that vice, for the blessing of health, &c.*), likewise for all that are in misery; for those whom I have any ways injured in word or deed; for all my enemies; for the conversion of sinners, and enlightening all that sit in darkness. Pour forth thy blessings on all, according to their respective necessities, through the merits of thy only Son Christ Jesus our Lord.

Proceed and say,

GIVE ear, we beseech thee, to the prayers of thy servants, whom thou hast appointed to make this oblation in our behalf, and grant it may be effectual for obtaining all those blessings which he asks for us. Behold, O Lord, all here present to thee, in this bread and wine, the symbols of our perfect union. Grant that they may be converted into the

real body and blood of thy dear Son, that, being consecrated to thee by this holy victim, we may live in thy service, and depart this life in thy grace.

At the Elevation of the Host, say,

MOST adorable body, I adore thee with all the powers of my soul, O Lord, since thou hast given thyself wholly to us, grant that we may become entirely thine. I believe, O Lord help my unbelief. Most merciful Saviour, be thou my protector; strengthen and defend me, I beseech thee, by thy heavenly grace, now, and especially at the hour of my death, sweet Jesus. Amen.

At the Elevation of the Chalice, say,

MOST adorable blood, that washest away all our sins, I adore thee; happy we, if we can return our life and blood for thine. Cleanse, O Jesus, sanctify and preserve our souls to eternal life. Live Jesus in us, and we in thee.

After the Elevation, say,

WE now, O Lord, with grateful hearts, call to mind the sacred mysteries of thy passion and death; thy resurrection and ascension. Here is thy body, that was broken; here is thy blood, that was shed for us, of which these exterior signs are but the figure, and yet in reality contain the substance. It is now, we truly offer thee, O Lord, that pure and holy victim, which thou hast been pleased to grant us, of which all the ancient sacrifices were but so many types and figures.

At the Memento for the Dead, say,

I OFFER thee again, O Lord, this holy sacrifice of the body and blood of thine only Son, in behalf of thy faithful departed, and in particular for the souls of (*here name those for whom you chiefly purp-
se to pray*) my parents (*if dead*), relations, benefactors, neighbours, &c. likewise of such as I have any ways injured, or been the occasion of their sins: of such as have injured me, or been my enemies, of such as die in war, or have none to pray for them, &c. To these, O Lord, and to all that rest in Christ, grant, we beseech thee, a place of refreshment, light, and peace. Thro', &c. Amen.

At the Nobis quoque peccatoribus, say,

VOUCHSAFE to grant the same to us, poor miserable sinners. Judge us not according to our demerits, but through the infinite multitude of thy mercies, liberally extend to us thy grace and pardon.

We ask it of thee, in the name of thy dear Son, who liveth and reigneth eternally with thee, and in that form of prayer which he himself hath taught us.

Say the Pater Noster with the Priest, and then proceed as follows:

DELIVER us from those evils which we labour under at present; from past evils, which can be nothing but our manifold sins; and from the evils to come, which will be the just chastisements of our offences, if our prayers, and those more powerful ones of thy saints, who intercede for us, intercept not thy justice, or excite not thy bounty.

At the breaking of the Host, say,

THY body was broken, O Lord, and thy blood was shed for us: grant that the commemoration of this holy mystery may procure for us peace; and that those who receive it, may obtain everlasting rest.

At Agnus Dei, say with the priest,

LAMB of God, who takest away the sins of the world, have mercy upon us.

Lamb of God who takest away the sins of the world, have mercy upon us.

Lamb of God, who takest away the sins of the world, grant us thy peace.

Before Communion, say,

IN saying to thy apostles, *my peace I leave you, my peace I give you*, thou hast promised, O Lord, to thy whole Church, that peace which the world cannot give; peace with thee, and peace with ourselves.

Let nothing, O Lord, ever interrupt this holy peace; let nothing be able to separate us from thee, to whom we heartily desire to be united, through the blessed sacrament of peace and reconciliation. Let this food of angels strengthen us in every Christian duty, so as never more to yield under temptation, or fall into our common weaknesses.

At the Domine non sum dignus, before Communion, say three times,

LORD, I am not worthy thou shouldst enter under my roof, say *only* the word, and my soul shall be healed.

A Spiritual Communion.

MOST loving Jesus, who art present in this sacrament, by virtue of thy infinite power, wisdom, and goodness, I adore thee with the most lively faith; but conscious of my infirmities and sins, I dare not, at present, receive thee sacramentally. My hope is entirely placed in thee. I love thee O Lord, with my whole heart, who hast so excessively loved me; and therefore I now desire to receive thee: come, therefore, O Lord, spiritually into my sinful soul, and heal it from all its infirmities. Feed me that am hungry; comfort me that am weak; enliven and sanctify me with thy sacred body and blood; deliver me from all sin, and make me always obedient to thy commands; and never suffer me to be separated from thee, my Saviour, who with the father and the Holy Ghost, livest and reignest, one God, for ever and ever. Amen.

At the Wiping of the Chalice, say,

GRANT, O Lord, we may partake of the fruits of thy death and passion, the sacred memory of which we have commemorated in this sacrifice. Happy, thrice happy, those who sit at thy table, to partake of the bread of life. My soul sighs after thee. I desire, with the apostle, to be dissolved and to be with thee, O Jesus. My heart and soul with transports of joy, seek thee, the living God.

My soul languishes with an ardent desire of entering into the house of our Lord. I love thee, O my God, with my whole heart. O that I could always enjoy the presence of thy adorable body, the pledge of our eternal happiness! I adore thy

goodness, and return thee infinite thanks, O gracious Lord, for thy inestimable favour and mercy, in permitting me to be present this day at the august sacrifice, where thou thyself art both Priest and Victim. Make me always sensible, O Lord, of so great a favour, and suffer not my unworthiness to put a stop to the effects of thy infinite mercy and goodness.

When the Priest reads the Communion.

LET it now be, O Lord, the effect of thy mercy, that we, who have been present at this holy mystery, may find the benefit of it in our souls.

At the Post-communion, say,

WE give thee thanks, O God, for thy mercy in admitting us to have a part in offering this sacrifice to thy holy name; accept it now to thy glory, and be ever mindful of our weakness.

Proceed as follows,

GRACIOUS God, and most merciful Father, grant, I beseech thee, that this adorable sacrifice of the blessed body, and blood of thy Son, our Lord Jesus Christ, may obtain for us at thy hands, mercy, and the remission of all our sins. Amen.

When the Priest blesses the People.

† **T**HE blessing of Almighty God, Father, Son, and Holy Ghost, descend upon us, and dwell in our hearts for ever. Amen.

Here, whilst the Priest concludes with St. John's Gospel, say,

O ETERNAL Word! speak to my soul, which adores thee in profound silence. Thou, who

are the supreme Creator of all things, abandon not, I beseech thee, thy creature; be thou my life, my light, and my all.

O light Eternal, enlighten me, as well in this life, as in the life to come.

Reign in me, as in thine own inheritance: for as thou, O Lord, hast created me, and redeemed me, it is but just that I should remain for ever thine.

I have sinned exceedingly against heaven, and before thee, and am unworthy to be called thy Son.

But thou, God incarnate, have pity on my frail and mortal flesh, and grant it may one day behold what it now adores here below. Amen.

A Prayer after Mass.

I RETURN thee infinite thanks, O bountiful Creator, for the favour I have this day received, and of which many better deserving Christians are deprived. Receive, O Lord, my unworthy prayers; supply my defects; pardon all my distractions and indevotions; and grant that, by the strength and virtue of those divine mysteries, I may proceed cheerfully in the path of thy commandments, amidst all the temptations, troubles, and dangers of my life's pilgrimage, till at length I happily arrive at the heavenly kingdom, where, with thy blessed angels and saints, I shall more clearly contemplate thy infinite perfections, and celebrate thy boundless goodness and mercy, with uninterrupted canticles of eternal praise, admiration, and gratitude. Amen.

Acts of Faith, Hope, love of God, and of our neighbour.

Act of Faith.

O GREAT God, I firmly believe all those sacred truths which thy holy Catholic Church believes and teaches; because thou, who art truth itself, hast revealed them to her. Amen.

Act of Hope.

O ALMIGHTY and most merciful God, I put my whole trust in thee, and firmly hope for mercy, grace, and salvation from thee, my God, through Jesus Christ my Saviour. Amen.

Act of the love of God.

O GRACIOUS and good God, I love thee above all things, because thou art infinitely good in thyself, and infinitely good to me: I desire to love thee, with all my heart, and soul, and mind, and strength; and for love of thee, I am willing to part with every thing, rather than by sin to lose thee, my God and my all. Amen.

Act of the love of our neighbour.

O GOD of love, in obedience to thy command, I desire to love every neighbour as myself, whether friends or enemies, because my neighbour is created to thine image, and redeemed by the blood of Jesus; and I earnestly beg that thy grace, and all good, both here and hereafter, may be amply bestowed on me and on all mankind. Amen.

PRAYERS BEFORE SACRAMENTAL
CONFESSION.

A Prayer, to be repeated for several days before Confession, in order to obtain the divine assistance to make a good Confession.

O ALMIGHTY and most merciful God, who hast made me out of nothing, and redeemed me by the precious blood of thy only Son; who hast with so much patience borne with me to this day, notwithstanding all my sins and ingratitude; ever calling after me to return to thee from the ways of vanity and iniquity, in which I have been quite wearied out, in the pursuit of empty toys and mere shadows; seeking in vain to satisfy my thirst with muddy waters, and my hunger with husks of swine. Behold, O most gracious Lord, I now sincerely desire to leave all these my evil ways, to forsake this region of death, where I have so long lost myself, and to return to thee the fountain of life. I desire, like the prodigal child, to enter seriously into myself, and, with the like resolution, to rise without delay, and go home to my father, though I am infinitely unworthy to be called his child, in hopes of meeting with the like reception from his most tender mercy. But, O my God, though I can go astray from thee fast enough myself, yet I cannot make one step towards returning to thee, unless thy divine grace stir me up and assist me. This grace, then, I most humbly implore, prostrate in spirit before the throne of thy mercy; I beg it for the sake of Jesus Christ thy Son, who died upon the cross for my sins; I know thou desirest not the death of a sinner, but that he be converted and live; I know thy mercies are above all thy works, and I

most confidently hope, that as in thy mercy thou hast spared me so long, and hast now given me this desire of returning to thee; so thou wilt finish the work that thou hast begun, and bring me to a perfect reconciliation with thee.

I desire now to comply with thy holy institution of the sacrament of penance; I desire to confess my sins with all sincerity to thee, and to thy minister; and therefore I desire to know myself, and to call myself to an account, by a diligent examination of my conscience. But, O my God, how miserably shall I deceive myself, if thou assist me not in this great work by thy heavenly light. O! remove then every veil that hides any of my sins from me, that I may see them all in their true colours, and may sincerely detest them. O let me not any longer be imposed upon by the enemy, or by my own self-love, so as to mistake vice for virtue, to hide myself from myself, or any way to flatter myself in my sins.

But, O my good God, what will it avail me to know my sins if thou dost not also give me a hearty sorrow and repentance for them; without this, my sins will be all upon me still, and I shall be still thy enemy, and a child of hell. Thou insistest upon a change of heart, without which there can be no reconciliation with thee; and this change of heart none but thou can give. O give it me then, dear Lord, at this time. Give me a lively faith, and a firm hope in the passion of my Redeemer; teach me to fear thee, and to love thee; give me, for thy mercy's sake, a hearty sorrow for having offended so good a God. Teach me to detest my evil ways; to abhor all my past ingratitude; to hate myself now with a perfect hatred for my many treasons against

thee. O give me a firm and full resolution of a new life for the future, and unite me to thee with an eternal bond of love, which nothing in life or death may ever break.

Grant me also the grace to make an entire and sincere confession of my sins, and to accept of the making of it, as a penance justly due to my transgressions : let not the enemy, with all his artifices, prevail upon me to pass over any thing through fear or shame ; rather let me die than consent to so great an evil : let not self-love deceive me, as I fear it has done too often. O grant that this confession at least may be good, and for the sake of Jesus Christ thy Son, who died for me, and for all sinners. Assist me in every part of my preparation for it, that I may go through every part of it with the same care and diligence as I should be glad to do at the hour of my death, that so being perfectly reconciled to thee, I may never offend thee more.

O blessed Virgin, Mother of my Redeemer, mirror of innocence and sanctity, and refuge of penitent sinners, intercede for me through the passion of thy Son, that I may have the grace to make a good confession. All you blessed angels and saints of God, pray for me, a poor miserable sinner, that I may now, for good and all, turn from my evils ways, that so henceforward my heart may be for ever united with yours in eternal love, and never more go astray from thee, the sovereign good. Amen.

These, or the like prayers, may be frequently repeated for some days before confession, in order to obtain of God the grace of making a good confession.

A Prayer before Examination of Conscience.

I AM truly sensible, O God, that I have many ways offended thy divine Majesty, and provoked thy wrath by my sins; and that, if I obtain not pardon, I shall be cast out of thy sight for ever. I desire therefore at present to call myself to an account, and look into all the sins whereby I have displeased thee; but, O God, how miserably shall I deceive myself, if thou assist me not in this work by thy heavenly light? give me therefore at present thy grace, whereby I may discover all my imperfections, see all my failings, and duly call to mind all my sins; for I know that nothing is hid from thy sight; but as for me, I confess I am in the dark to myself; my passions blind me, self-love flatters me, presumption deludes me; and though I have many sins, which look me in the face, and cannot be hid, yet how many too are there quite hid from me? But discover even these to me, O Lord, enlighten this my darkness, cure my blindness, and remove every veil that hides my sins from me, so that I may be no longer a secret to myself, nor a stranger to my own failings; that I may never flatter myself with thoughts of having repented, and at the same time to nourish folly and vice within my breast. Come, Holy Ghost, and by a beam of thy divine light, open my understanding, that I may have a full view of my sins and imperfections, and thus knowing myself, and sincerely repenting of all my offences, I may know thee, and be received again into thy favour. Amen.

Examination of Conscience, upon the Ten Commandments of God, the Six Commandments of the Church, and the Seven Capital Sins.

I. **H**AVE you been guilty of heresy, or disbelief of any article of faith, or of voluntarily doubting of any article of faith? How often, and for how long a time? Or have you rashly exposed yourself to the danger of infidelity, by reading bad books, or keeping wicked company? How often?

Have you, by word or deed, denied your religion, or gone to the churches or meetings of heretics, so as to join in any way with them in their worship? Or to give scandal? How often?

Have you been ignorant of the articles of your creed, or of the commandments, or any of those things which christians in your station are bound to know? For how long a time?

Have you been negligent in the worship of God; seldom or ever adoring or praising him, or giving him thanks; praying but little, or with little attention; and neglecting to make acts of faith, hope, or love of God? How long has this negligence continued?

Have you despaired of salvation, or of the forgiveness of your sins? Or have you rashly presumed upon finding mercy? going on in your sins without any thoughts of amendment? or depended upon a death-bed repentance? How long have you been in this way?

Have you been guilty of idolatry, or of giving divine honours to any thing created? or used any witchcraft, or charms, or spells, or such like diabolical inventions? How often? And with what scandal or ill example to others?

Have you employed prayers, or sacred names, to superstitious uses? How often?

Have you consulted fortune-tellers, or made use of any superstitious practices to find out things to come, recover things lost, &c.?

Have you given credit to dreams, taken notice of omens, or made any other superstitious observations? How often?

Have you blasphemed God or his saints? How often?

Have you abused the holy scriptures, or scoffed at holy things? How often.

II. Have you sworn falsely, or what you did not certainly know, whether it was true or false? Or have you sworn to do any thing that was wicked or unlawful? Or broken your lawful oaths? How often?

Have you had a custom of swearing rashly and inconsiderately by the name of God, by your soul, or by way of imprecation upon yourself? How long have you had this custom? How many times a-day have you sworn in this manner? Have you sworn by the blood and wounds of God, or any other blasphemous oath? How often?

Have you cursed yourself or others, and if so, was it from your heart? How often?

Have you been accessory to others swearing, cursing or blaspheming? How often?

Have you broken any vow or solemn promise made to God? How often?

III. Have you neglected to hear Mass on Sundays and holidays of obligation? Or have you

heard it with wilful distractions? Or not taken care that your children or servants should hear it? How often?

Have you spent those days in idleness or in sin? Or been the occasion of others spending them so? How often?

Have you done any servile work without necessity upon those days, or set others to do so? How often?

Have you broken the days of abstinence, commanded by the church, or eaten more than one meal on fasting days, or been accessory to others in so doing? How often?

Have you neglected to confess your sins once a year, or to receive the B. Sacrament, at least at Easter?

Have you made a sacrilegious confession or communion, by concealing some mortal sin in confession, or what you doubted might be mortal; or for want of a hearty sorrow for your sins, and a firm purpose of amendment; or by being grossly negligent in the examination of your conscience? How often? Have you received any other sacrament, for example, confirmation, or matrimony, in mortal sin?

Have you neglected to perform the penance enjoined in confession, or said it with wilful distractions? How often? Have you presumed to receive the B. Sacrament after having broken your fast?

Have you after falling into mortal sin, neglected, for a long time, to return to God by repentance? And for how long a time?

IV. Have you been wanting in your duty to your parents, by not loving them, or not showing them due respect or by disobeying them? And was it in any matter of moment? Or have you been disobedient to any other lawful superiors? How often?

Have you desired your parents death, or cursed them, or given them injurious language, or lifted up your hand against them, or threatened them, or provoked them to swear, or otherwise to offend God, or cause them any considerable trouble or uneasiness? How often?

Have you stolen from your parents, or otherwise wronged them, or squandered away their substance? How much, and how often?

Have you neglected to succour your parents in their necessities, either corporal or spiritual?

If God has blessed you with children have you been negligent in procuring that they should be speedily baptised or that they should be timely instructed in their prayers and the christian doctrine, or have you been wanting in giving them early impressions of the fear and love of God, or in taking care of their discharging their duty with regard to the sacraments?

Have you neglected to correct them, or been excessive in your corrections?

Have you neglected to remove from them the occasions of sin, such as wicked companions, bad books, romances, &c. or suffered them to lie in the same bed with one another, and thereby exposed them to danger?

Have you flattered them in their passions, or indulged them in their inclinations ?

Have you given them bad example ? How often and in what kind ?

V. Have you desired any one's death through hatred or malice, or for your temporal interest ? How often ? Have you revenged yourself of any one, by word or action, or desired revenge, or taken pleasure in the thought of it ? How often ?

Have you provoked, challenged, or struck others, or been guilty of quarreling or fighting with them ? How often, and what mischief have you done them ?

Have you borne malice to others, or refused to be reconciled to them ? For how long a time, and what sort of evil had you in your heart against them ?

Have you procured or thought to procure, a mis-carriage, or given any counsel, aid, or assistance thereunto ? How often ?

Have you done any thing to shorten your own or any other's life, or to hasten death, or rashly expose yourself or others to danger ? How often ?

Have you desired your own death, through passion or impatience, or entertained any thoughts of making away with yourself, or attempted or designed any such thing ? How often ?

Have you neglected to give alms, according to your condition and ability, or to reclaim sinners when it lay in your power ? How often ?

Have you been guilty of any spiritual murder, by drawing others into mortal sin ; or have you been accessory to the sins of others, by counsel or com-

mand, or any other way? How often, and what sins?

Have you given scandal, or occasion of sin to others, by lewd or irreligious discourse; by drunkenness or swearing; by immodesty of dress or behaviour, &c.? *Where note, that the circumstance of scandal is generally found in all sins that are known to others, by reason of the force of ill example, which encourages others to sin.*

Have you committed any thing that you judged or doubted to be a mortal sin, though perhaps it was not so? How often? Or have you exposed yourself to the evident danger of mortal sin; How often, and of what sin?

VI. Have you been guilty of fornication, or adultery, or incest, or any sin against nature, either with a person of the same sex, or with any other creature? How often? Or have you designed or attempted any such sin, or sought to induce others to it? How often?

Have you been guilty of immodest touches of yourself? What were the consequences? How often?

Have you touched others, or permitted yourself to be touched by others immodestly, or given or taken wanton kisses or embraces, or any such liberties? How often?

Have you looked at immodest objects with pleasure or danger; read immodest books or songs to yourself or others; kept indecent pictures; willingly given ear to, or taken pleasure in hearing loose discourse, &c. or sought to see or hear any thing that was immodest? How often?

Have you exposed yourself to wanton company, or played at any indecent play, or frequented any masquerades, balls, comedies, &c., with danger? How often?

Have you been guilty of any immodest discourses, wanton stories, jests, or songs, or words of double meaning? How often, and before how many? And were the persons, before whom you spoke or sung, married or single? *For all this you are obliged to confess, by reason of the evil thoughts these things are apt to create in the hearers.*

Have you abused the marriage bed by any actions contrary to the order of nature, or been guilty of any irregularity, in order to hinder your having children? How often?

Have you, without cause, refused the marriage-debt? And what sin may have followed from it? How often?

Have you debauched any person that was innocent before? Have you forced any person, or seduced any one by deceitful promises, &c. or desired or designed so to do? How often? *You are obliged to make satisfaction for the injury you have done.*

Have you taught any one evil, which he knew not before, or carried any one to lewd houses, &c.? How often?

VII. Have you been guilty of stealing, or cheating, or any way wronging your neighbour in buying or selling, or have you been accessory to another's committing any such injustice? How often, and to what value?

Have you unjustly retained, what belonged to another? How long, and to what prejudice?

Have you contracted debts without design of paying them, or without any prospect of being able to pay them; or have you delayed, or refused to pay your just debts when you were able; or have you, by prodigal expenses, rendered yourself unable, and so wronged your creditors, or your own family? How often?

Have you been guilty of usury in the loan of money? How often?

Have you put off false money? How much? How often?

Have you professed any art, or undertaken any business, without sufficient skill or knowledge, and what prejudice has your neighbour suffered from it?

Have you bought or received stolen goods, or taken of those who could not give, &c.? How often?

Have you neglected the work or business to which you were hired, or by contract obliged? How often, and to what prejudice? Or have you broken your promises in matters of consequence?

[N. B. That in all sins of injustice, whereby one has done any wrong to his neighbour, either in his person, or in his goods, or in his character, honour, or good name, he is strictly obliged to make full satisfaction and restitution, if it lies in his power, otherwise the sin will not be forgiven.]

Have you then neglected or delayed, without just cause, to make satisfaction and restitution when it was in your power? How long?

VIII. Have you been guilty of lies, and whether in any matter of consequence, or to the prejudice of any one? How often?

Have you been guilty of hypocrisy or dissimulation? How often?

Have you entertained a bad opinion of your neighbour without grounds, or judged rashly of his actions and intentions? How often?

Have you been guilty of the sin of detraction, which consists in taking away or lessening your neighbour's reputation, either by saying of him what is false or uncertain, or by publishing what is secret? How often have you done so? Before how many? *You are obliged to make restitution.*

Have you willingly given ear to detraction, have you taken pleasure in it, or any way encouraged it, or not hindered it when you might? How often?

Have you prejudiced your neighbour's honour by reproaches and affronts, or robbed him of the peace of his mind by scoffs and derisions? How often?

Have you, by carrying stories backwards and forwards, or any other way, caused misunderstanding or quarrels betwixt neighbours? How often, and to what prejudice?

[Here also judges, lawyers, solicitors, &c. ought to examine themselves what injustice they may have been guilty of in judging or managing causes, &c. as well as accusers, witnesses, &c.]

IX. Have you willingly taken pleasure in unchaste thoughts or imaginations, or entertained un-

chaste desires. Where the objects of your desires, single, or married persons, or kinsfolks, or persons consecrated to God? How often?

Have you taken pleasure in the irregular motions of the flesh, or not endeavoured to resist them? How often?

Have you entertained with pleasure, the thoughts of saying or doing any thing against chastity, which it would be a sin to say or do? How often?

Have you had the desire or design of committing any sin of impurity? Of what kind? How often?

X. Have you desired your neighbour's loss or misfortune, or any public calamity, that you might be a gainer by it? How often?

Have you desired your neighbour's goods, not caring whether you had them right or wrong, or been in a disposition of stealing, or otherwise wronging him, if it lay in your power? How often?

XI. As to the capital sins: Have you been guilty of *pride*, or complacency in yourself, or contempt of others, or of *vain-glory*, by doing your good actions for procuring esteem; or of *avarice*, in affecting too much the things of this world? How often?

Have you been guilty of eating or drinking to excess, so far as considerably to prejudice or endanger either your health or reason? How often, and with what scandal?

Have you made others drunk, or sought to make them so, or gloried in having made them so? How often?

Have you gloried in any sin whatsoever? How often and before what company, and what sin?

Have you envied or repined at your neighbour's good, or rejoiced at his harm? How often?

The rest of the capital sins have been examined before.

[Here also masters and servants, husbands and wives, lawyers and physicians, ecclesiastics and magistrates, &c. ought to examine into the sins which are peculiar to their states, and how far they may have neglected the duties of their respective callings.]

Moreover, let every one here examine his conscience upon the duties of his calling, on the obligation of his baptism, and on those of the maxims and examples of Christ, which are obligatory.

A prayer for obtaining contrition.

I HAVE now here before me, O Lord, a sad prospect of the manifold offences by which I have displeased thy divine majesty, and which, I am assured, will appear in judgment against me, if I repent not, and my soul be not disposed, by a hearty sorrow, to receive thy pardon. But this sorrow, O Lord, to repentance, must be thy free gift; and if it comes not from the hand of thy mercy, all my endeavours will be vain, and I shall be for ever miserable.—Have mercy, therefore, on me, Father of mercies, and pour forth into my heart thy grace, whereby I may sincerely repent of all my sins; give me true contrition, that I may bewail my past misery and ingratitude, and grieve from my heart

for having offended thee, so good a God : permit me not to be deluded with a false sorrow, as I fear I have been too often, through my own weakness and neglect ; but let it now be thy gift, descending from thee, the Father of light, that so my repentance may be accompanied with amendment and a change of life, and I may be fully acquitted from the guilt of all my sins, and once more received into the number of thy servants : through Jesus Christ our Lord. Amen.

Reasons for which we ought to hate sin.

1st, **T**HE indignity and affront offered to God by sin, man is but a worm of the earth ; and still this worm prefers his base pleasures, vile passions, empty human praise, the satisfaction of the devil, to the adorable will of the most high God. The sinner contemns the promises of God, laughs at his threats, and despises his goodness.

2d, This indignity is aggravated by the greatest ingratitude. God is our Creator, Benefactor, and Redeemer ; but by our sins we prefer to him the devil and our passions.

I have, says the prophet Isaiah, brought up children, and exalted them, but they have despised me. The ox knows his owner, and the ass his master's crib ; but Israel hath not known me, and my people hath not understood. This indignity is also aggravated by the most glaring injustice. God has a perfect and inalienable right to all our services, and to all our love and obedience ; for we are his creatures, and irrevocably consecrated to his service by the

solemn vow of baptism. But sin breaks through all those ties, and sacrilegiously and unjustly separates us from him. This same indignity is aggravated also by the greatest presumptuousness. What can man expect from making war against a God from whose all-piercing eye it is impossible to conceal any thing, who can punish him in whatever manner he pleases, and who will render to every one according to his works?

3d, Sin contains a special ingratitude against Christ; by it we again crucify our Redeemer; for by cursing, we renew the blasphemies by which the Jews insulted him; by injustice, we strip him of his garments, and expose him naked to the sport of his enemies; by drunkenness, we drench his blessed mouth with vinegar and gall; by impurity, we tear his sacred body with scourges; by pride, we crown his adorable head with thorns. In a word, by every mortal sin, we crucify to ourselves again the Son of God, and make a mockery of him.

Sin makes a dreadful havock in the soul, banishes the grace of God from it, and renders it an object of horror and detestation. Sin reduces the soul to a most abject condition, deprives it of all its dignity and happiness, renders it a slave to satan, a vessel of filth and corruption, and the habitation of impure spirits. Sin at once destroys all the spiritual treasures of the soul, consumes all the merits of its past virtuous life, and reduces it to the deplorable state of the most abject poverty.

Last, Sin kills the soul, and renders it more hideous and loathsome in the sight of God, than a putrefied carcass in the sight of men. The fatal conse-

quences of sin, as to the life to come, are the loss of heaven, in which is prepared to man a happiness, that the eye has not seen, nor the ear heard, and which it has not entered into the heart of man to understand; and the deserving of the eternal flames of hell, where there is weeping and gnashing of teeth, where the worm never dies, and the fire is never extinguished.

Ejaculation before Confession.

JESUS, bring into my mind the number and the enormity of the sins by which I have offended thee. Jesus, grant me the spirit of perfect repentance, that by contrition, confession, and satisfaction, I may recover thy grace, and thoroughly cleanse my conscience.

Jesus, have mercy upon me, the most wretched of sinners, whom thou hast redeemed with thy precious blood.

A prayer at receiving Absolution.

O LORD, I am heartily sorry that ever I offended thee. I hate and detest my sins, because they are displeasing to thee, and I firmly purpose and resolve never more to offend thee.

Jesus, Son of David, have mercy on me. God be merciful to me a sinner. Thou, who didst suffer for me, have mercy on me.

Prayers after Confession.

I RETURN thee, O loving Father, all the thanks I am able, for having admitted me to this sacrament, and letting thy mercy take place of thy jus-

tice, hast cast all my sins out of thy sight. Give me now thy grace, O Lord, that by a sincere and perfect contrition, my repentance may be like that of David and Peter, and that my offences being remitted, I may hereafter continue faithful in thy service. But this must be the work of thy divine assistance; for without thee my soul will remain barren, hard and dry like earth without water. I am truly sensible of my own weakness, and being destitute of all that is good, or can any ways be acceptable to thee, the only comfort and confidence I have, is to lift up my eyes, to my dear Redeemer, and offer to thee, my God, his tears and sufferings, that thy justice being satisfied with this oblation, thou mayst open to me the gates of mercy, and receive me into thy grace. Look on me with eyes of pity, and have compassion on my miseries. O meek and merciful Lord, strike this my hard and stony heart, that it may break forth into a fountain of healing waters, the waters of true contrition, with which my soul may be cleansed and purified. Perfect the work thou hast begun in me, for I am thy creature, and grant the confession I have made may find acceptance in thy sight, and that whatever is wanting in it, through my weakness, may be supplied by thy goodness and mercy. Thy mercy I implore, and by it beg pardon of all my sins; here firmly purposing in thy presence to avoid all that may be displeasing to thee, and with all diligence to apply myself to the practice of virtue. And I hope thou wilt not deny me thy assistance, O Lord, since thou hast promised never to forsake those that trust in thee. Permit my heart to be no more seized, and blindly carried away with the follies of this

life. Permit me no more to experience my own weakness in my wonted relapses; it is high time I should be now converted from my evil ways, forsake my errors, and amend my failings, since hitherto so many days and years have gone away in empty purposes, but with very little improvement of soul. Command therefore, O Sovereign Lord, this my rebellious heart, and bring it to a compliance with thy law; break all my passions, rule my actions, direct my desires, strengthen all my good endeavours, and give ear now to this thy unworthy servant. Let not my wickedness make thee forget thy goodness; for though my sins call for justice, yet thou hast still mercy, whereby thou canst save, and once more receive me into thy grace, my God, my Lord, and all my hope, who livest and reignest for ever and ever.

O God of mercy and pity, having now, through thy gracious goodness, disburthened my conscience of the guilt wherewith it was oppressed, and in the humblest manner I was able, discovered all the sins I could think of, to thy minister, my ghostly father, I most humbly beseech thee to accept this confession, and forgive me all my trespasses as well those I have forgot, as those I remembered. Grant me grace, O Lord, to live more carefully and diligently hereafter, and to abstain from my former follies, which I utterly detest; firmly purposing, through thy grace, never any more to offend in them; especially, O my most merciful and bountiful Saviour, give me grace to withstand those temptations with which I am most infested, and to avoid all the occasions of offending thee for the future. The just man falls seven times; how much reason then have I to be jealous of myself,

O Lord, and fear that I shall not be true to my resolutions, having, through my own frailty and vicious customs increased the weakness and blindness in which I was born; yet, Lord, I hope, through thy grace, and firmly purpose by thy merciful favour, never to consent to any mortal sin; from which I humbly beg thee to preserve me whilst I live. And as for my venial sins and imperfections, I resolve to strive against them, and trust in thy goodness I shall at length amend them. For this end, grant me thy grace, sweet Jesus, to be exact in examining my conscience every night as I am directed, and every morning happily to begin the day, by offering thee the first fruits of all my actions, that the rest of it may be employed to thy glory. As to the penance enjoined me, I humbly beg thy assistance for the remembering and performing of it as I ought; and that I may never forget my resolutions, or lay aside my endeavours of changing my life till I become a true penitent, and put on the new man; that so, through the merits of thy blessed passion, I may here obtain full forgiveness of my sins, and hereafter life everlasting. Grant this, O my Lord and Saviour Jesus Christ, who, with God the Father, and the Holy Ghost, livest and reignest world without end. Amen.

PRAYERS BEFORE COMMUNION.

A preparatory Prayer, containing the chief Acts of Devotion proper before Communion.

1. *Direct your attention.*

O LORD Jesus Christ, king of everlasting glory, behold, I desire to come to thee this day, and to receive thy body and blood in this heavenly sacrament, for thy honour and glory, and the good of my soul. I desire to receive thee, because it is thy desire, and thou hast so ordained; blessed be thy name for ever. I desire to come to thee, like Magdalen, that I may be delivered from all my evils, and embrace thee, my only good. I desire to come to thee, that I may be happily united to thee, that I may henceforward abide in thee, and thou in me, and that nothing in life or death may ever separate me from thee.

2. *Commemorate the Passion of Christ.*

I DESIRE, in these holy mysteries, to commemorate, as thou hast commanded, all thy sufferings, thy agony and bloody sweat, thy being betrayed and apprehended, all the reproaches and calumnies, all the scoffs and affronts, all the blows and buffets thou hast endured for me; thy being scourged, crowned with thorns, and loaded with a heavy cross for my sins, and for those of the whole world; thy crucifixion and death, together with thy glorious resurrection, and triumphant ascension. I adore thee and give thee thanks for all that thou hast done and suffered for us; and for giving us, in

this blessed sacrament, this pledge of our redemption, this victim of our ransom, this body and blood which was offered for us.

3. Make an Act of Faith.

I MOST firmly believe, that in this holy sacrament Christ is really present, who was born of the Virgin Mary, in the stable of Bethlehem; who conversed, during thirty-three years with men; who expired in torments on a cross, on Mount Calvary between two thieves; who was buried, and rose again after three days; who ascended into heaven, and sitteth at the right hand of the Father.

I believe that thou here communicatest thyself to us, makest us partakers of the fruit of thy passion, and givest us a pledge of eternal life. I believe there cannot be a greater happiness than to receive thee worthily, nor a greater misfortune than to receive thee unworthily. All this I most steadfastly believe, because it is what thou hast taught us by thy word and by thy church.

4. Conceive a great Fear, and humble thyself.

BUT, O my God, how shall I dare approach to thee, so wretched a worm to so infinite a Majesty; so filthy a sinner to such infinite purity and sanctity! Alas! my soul is covered with a universal leprosy, and how shall I presume to embrace thee! My whole life has been nothing but misery and sin; and 'tis only by thy mercy that I have not been long since in hell, which I have deserved a thousand times; and how shall I venture so much as to lift up my eyes to thee, how

much less to receive thee within my breast? I tremble at the sentence of thy apostle, that *he that receives unworthily, receives his own damnation*; for I cannot but acknowledge myself infinitely unworthy: nor should I dare ever to come to thee, were I not excited by thy most loving and pressing invitation, and encouraged by thy infinite goodness and mercy. 'Tis in this mercy which is above all thy works, I put my whole trust; and 'tis in this confidence alone that I presume to approach to thee. O grant that it may be with a contrite and humble heart; for this, I know, thou wilt never despise.

5. *Make an Act of Contrition.*

LORD, I detest, with my whole Heart, all the sins by which I have ever offended thy divine Majesty, from the first moment that I was capable of sinning, to this very hour. I desire to lay them all down here at thy feet, to be cancelled by thy precious blood. What can I do for them, but humbly confess and lament them all my lifetime; and this I heartily desire to do, and from this moment continually to cry to thee for mercy. Hear me, O Lord, by that infinite love by which thou hast shed thy blood for me. O let not that blood be shed in vain. All my sins displease me now exceedingly, because they have offended thy infinite goodness. By thy grace, I will never commit them any more. I am sorry for them, and will be sorry for them as long as I live; and, according to the best of my power, will do penance for them. Forgive, dear Lord, for thy mercy's sake; pardon me all that is past, and be thou my keeper for the time to come, that I may never more offend thee.

6. *Make an Act of Desire.*

O MOST sweet and loving Lord, whom I now desire to receive with all devotion, thou knowest my weakness, and the necessity which I endure; in how great evils and vices I am immersed; how often am I oppressed, tempted, troubled, and defiled. To thee I come for remedy; I pray to thee for comfort and succour; I speak to him that knows all things, to whom all that is within me is manifest and who alone can comfort and help me. Thou knowest what good things I stand most in need of, and how poor I am in virtues.

Behold, I stand before thee poor and naked, begging thy grace, and imploring thy mercy. Feed thy hungry suppliant; inflame my coldness with the fire of thy love! enlighten my blindness with the brightness of thy presence; teach me to look upon all earthly things with disgust; to bear all things grievous and afflicting with patience, and to look upon all things created with contempt and disregard. Lift up my heart to thee in heaven, and suffer me not to wander upon earth. Be thou alone sweet to me from henceforth for evermore; for thou alone art my meat and drink, my love and my joy, my sweetness and all my good.

O! that with thy presence thou wouldst inflame, burn, and transform me into thyself, that I may be made one spirit with thee, by the grace of internal union, and by the melting of ardent love! Suffer me not to go from thee hungry and dry; but deal with me in thy mercy, as thou hast often dealt wonderfully with thy saints. What marvel, if I should be wholly set on fire by thee, and should die to

myself; since thou art a *fire* always burning, and never decaying; a *love* purifying the heart and enlightening the understanding.

7. Make an Act of Divine Love.

O SWEET Jesus, the God of my heart, and the life of my soul, as the heart pants after the fountains of water, so does my soul pant after thee, the fountain of life, and the ocean of all good. I am overjoyed at the hearing of these happy tidings, that I am to go into the house of our Lord, or rather that our Lord is to come into my house, and take up his abode with me. O happy moment, when I shall be admitted to the embraces of the living God, for whom my poor soul languishes with love! O come, dear Jesus, and take full possession of my heart for ever! I offer it thee without reserve, I desire to love thee: 'Tis nothing less than infinite love that brings me to thee. O! teach me to make a suitable return of love.

A Petition immediately before Communion.

ALMIGHTY and everlasting God, behold, I come to the adorable sacrament of the body and blood of thy only Son, our Lord Jesus Christ. I come as one sick to the physician of life, as one unclean to the fountain of mercy, as one blind to the light of internal glory, as one poor and distressed to the Lord of heaven and earth. And I beseech thee, in the excess of thy infinite bounty, that thou wouldst vouchsafe to heal my infirmities, wash away all that defiles me, remove all my blind-

ness, relieve my necessities, and clothe me with thy grace, that I may receive thee, the bread of angels, King of kings, and Lord of lords, with such reverence and humility, such contrition and devotion, such purity and faith, as may be for my soul's salvation. Grant I may receive not only the sacrament of our Lord's body, but even the fulness of grace therein contained. And that I may so partake of his blessed body, which he took of the Virgin Mary, that I may become more and more a living member of his mystical body. Grant, most loving Father, that this thy beloved Son, whom I now desire to receive, under the appearance of bread, I may one day enjoy in the full possession of his presence, and behold him face to face, who lives and reigns with thee, in the unity of the Holy Ghost, world without end. Amen.

LORD, I am not worthy that thou shouldst enter under my roof, but say only the word, and my soul shall be healed.—(*Repeat this thrice.*)

PRAYERS AFTER COMMUNION.

Aspirations after Communion.

BEHOLD, O Lord, I have thee now, who hast all things; I possess thee, who possessest all things, and who canst do all things: Take off my heart, then, O my God, and my all, from all other things but thee, in all which there is nothing but vanity and affliction of spirit. Let my heart be fixed on thee alone, let me ever repose in thee, where alone my treasure is, the sovereign truth, and true happiness, and happy eternity.

Let my soul, O Lord, be sensible of the sweetness of thy presence. Let me taste how sweet thou art, O Lord, that being allured by thy love, I may never more hunt after wordly joys; for thou art the joy of my heart, and my portion for ever.

Thou art the physician of my soul, who healest all our infirmities by thy sacred blood; and I am that sick man whom thou camest from heaven to heal. O heal my soul, for I have sinned against thee.

Thou art the good Shepherd who hast laid down thy life for the sheep. Behold, I am that sheep that was lost, and yet thou vouchsafest to feed me with thy body and blood. Take me now upon thy shoulders to carry me home. What canst thou deny me, who hast given me thyself? Govern me, and nothing will be wanting to me in the place of pasture where thou hast placed me, until thou bringest me to the happy pastures of life eternal.

O true light, which enlighteneth every man that cometh into the world, enlighten my eyes, that I may never sleep in death.

O fire, ever burning, and never decaying, behold how tepid and cold I am; inflame my reins and my heart, that they may burn with thy love; for thou camest to cast fire upon earth, and what dost thou desire but that it be enkindled?

O king of heaven and earth, rich in mercy, behold, I am poor and needy, thou knowest what I stand most in need of, and thou alone canst assist me and enrich me. O help me, my God, and out of the treasures of thy bounty, succour my needy soul.

O my Lord and my God, behold I am thy servant; give me understanding, and excite my affection, that I may henceforward, in all things, know and do thy will.

Thou art the Lamb of God, the Lamb without spot, who takest away the sins of the world. O take away from me whatever is hurtful to me, and displeasing to thee, and give me what thou knowest to be pleasing to thee and profitable to me.

Thou art my love and all my joy; thou art my God and my all; thou art the portion of my inheritance, and of my chalice; thou art he that will restore my inheritance to me.

O my God and my all, may the sweet flame of thy love consume my soul, that so I may die to the world for the love of thee, who hast vouchsafed to die upon the cross for the love of me.

Act of Thanksgiving.

BLESS the Lord, O my soul; and let all that is within me bless his holy name.

Bless the Lord, O my soul, and never forget all he hath done for thee.

Who forgiveth all thy iniquities: who healeth all thy diseases.

Who redeemeth thy life from destruction: who crowneth thee with mercy and compassion.

Who satisfieth thy desire with good things: thy youth shall be renewed like the eagle's.

The Lord doth mercies, and judgment for all that suffer wrong.

He hath made his ways known to Moses : his wills to the children of Israel.

The Lord is compassionate and merciful : long suffering and plenteous in mercy.

He will not always be angry : nor will he threaten for ever.

He hath not dealt with us according to our sins : nor rewarded us according to our iniquities.

For, according to the height of the heaven above the earth, he hath strengthened his mercy towards them that fear him.

As far as the east is from the west, so far hath he removed our iniquities from us.

As a father hath compassion on his children, so hath the Lord compassion on them that fear him ; for he knoweth our frame.

He remembereth that we are dust : man's days are as grass, as the flower of the field so shall he flourish.

For the spirit shall pass in him, and he shall not be : and he shall know his place no more.

But the mercy of the Lord is from eternity and unto eternity, upon them that fear him :

And his justice unto children's children, to such as keep his covenant.

And are mindful of his commandments to do them.

The Lord hath prepared his throne in heaven : and his kingdom shall rule over all.

Bless the Lord, all ye his angels : you that are mighty in strength, and execute his word, harkening to the voice of his orders.

Bless the Lord, all ye his hosts : you ministers of his that do his will.

Bless the Lord, all his works : in every place of his dominion, O my soul, bless thou the Lord.

Petitions after Communion.

O MOST merciful Saviour, behold I have presumed to receive thee this day into my house, relying on thy infinite goodness and mercy, and hoping, like Zaccheus, to obtain thy benediction. But, alas ! with how little preparation ! With how little devotion ! From my heart I beg pardon for my great unworthiness, and for my innumerable sins, which I detest for the love of thee, and I desire to detest for ever. O ! wash them all away with thy precious blood ; for thou art the Lamb of God, who takest away the sins of the world ; and one drop of this blood, which thou hast shed for us, is more than enough to cancel the sins of ten thousand worlds.

Thou seest, O searcher of hearts, all my maladies and all the wounds of my soul ; thou knowest how prone I am to evil, and how backward and sluggish to good. Thou seest this self love, that tyrannises over my soul, which is so deeply rooted in my corrupt nature, and branches out into so many vices, so much pride and vanity, so much passion and envy, so much covetousness and worldly solicitude, so much sensuality and concupiscence. O ! who can heal all these my evils, but thou, the true Physician of my soul, who givest me thy body and blood in this blessed sacrament, as a sovereign medicine for all my infirmities, and a sovereign balsam for all my

wounds. Dispel the darkness of *ignorance* and error from my understanding, by thy heavenly light: drive away the corruption and malice of my will, by the fire of divine love and charity; restrain all the motions of *concupiscence*, and all the irregular sallies of passion, that they may no more prevail over me: strengthen my *weakness* with heavenly fortitude, destroy this hellish monster of self-love, with its many heads, or at least chain down this worst of all enemies, that it may no longer usurp the empire of my soul, which belongs to thee, and which thou hast taken possession of this day; cut off the heads of this beast, and particularly that which annoys me most, and which is my predominant passion; stand by me henceforward in all my temptations, that I may never more be overcome; remove from me all dangerous occasions, and grant me this one favour, that I may rather die a thousand deaths, than live to offend thee mortally.

O my Jesus, thou art infinitely rich, and all the treasures of divine grace are locked up in thee; these treasures thou bringest with thee, when thou comest to visit us in this blessed sacrament, and thou takest an infinite pleasure in opening them to us, to enrich our poverty. This gives me the confidence to present thee now with my petitions, and to beg of thee those graces and virtues which I very much stand in need of, as thou best knowest. O! increase and strengthen my belief of thy heavenly truths, and grant that henceforward I may ever live by faith, and be guided by the maxims of thy gospel. Teach me to be poor in spirit, and take off my heart from the love of these transitory things, and fix it upon eternity: teach me by thy divine ex-

ample, and by thy most efficacious grace, to be meek and humble of heart, and in my patience to possess my soul. Grant that I may ever keep my body and soul chaste and pure from the corruption of lust ; that I may ever bewail my past sins, and by a daily mortification, restrain all irregular inclinations and passions for the future. Above all things, teach me to love thee : teach me to be ever recollected in thee, and to walk always in thy presence ; teach me to love my friends in thee ; grant me to persevere to the end in this love, and so to come one day to that happy place, where I may love and enjoy thee for ever.

Have mercy also on my parents, friends, and benefactors, and on all those for whom I am any ways bound to pray, that we may all love thee, and faithfully serve thee. Have mercy on thy whole church, and on all the clergy, and religious men and women, that all may live up to their calling, and sanctify thy name. Give thy grace and blessing to all princes and magistrates, and to all christian people ; convert all unbelievers and sinners, and bring all strayed sheep back to thy fold ; particularly have mercy on N. and N. &c.

O blessed Virgin mother of my God and Saviour, recommend all these my petitions to your Son. O all you angels and saints, citizens of heaven, join also your prayers with mine. You ever stand before the throne, and see him face to face, whom I here receive under veils ; be ever mindful of me, and obtain from him and through him, that with you I may bless him and love him for ever. Amen.

A Prayer after Communion.

I GIVE thee thanks, eternal Father, for that of thy pure mercy, without any deserts of mine, thou hast been pleased to feed my soul with the body and blood of thy only Son, our Lord Jesus Christ, And I beseech thee, that this holy communion may not be to my condemnation, but an effectual remission of all my sins. May it strengthen my faith, encourage me in all that is good, deliver me from my vicious customs, remove all baneful effects of concupiscence, perfect me in charity and patience, in humility and obedience, and all other virtues. May it secure me against all the snares of my enemies, visible or invisible; prudently moderate all my inclinations; closely unite me to thee the only and true God, and happily rivet me to the centre of unchangeable bliss. And I now make it my hearty request, that thou wilt one day admit me, though an unworthy sinner, to be a guest of that divine banquet, where thou, with thy Son, and the Holy Ghost, art the true light, eternal fulness, everlasting joy, and perfect happiness of all the saints; through the same Jesus Christ, our Lord. Amen.

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Universal Prayer.

O MY GOD! I believe in thee, do thou strengthen my faith. All my hopes are placed in thee; do thou secure them. I love thee with my whole heart; teach me to love thee daily more and more. I am sorry that I have offended thee; do thou increase my sorrow.

I adore thee as my first beginning, and aspire to thee as my last end. I give thee thanks as my constant benefactor, and call on thee as my sovereign protector.

Vouchsafe, O my God, to conduct me by thy wisdom; to restrain me by thy justice; to comfort me by thy mercy; and defend me by thy power.

To thee I desire to consecrate all my thoughts, words, actions, and sufferings; that henceforward I may think of thee, speak of thee, willingly refer all my actions to thy greater glory, and suffer cheerfully whatever thou shalt appoint.

Lord, I desire that thy will may be done in all things, and in the manner thou wilt; because it is thy will.

I beg of thee to enlighten my understanding; to inflame my will; to purify my body, and sanctify my soul.

Give me strength, O my God, to expiate my offences; to overcome my temptations; to subdue my passions, and acquire the virtues proper for my state.

Fill my heart with a tender affection for thy goodness; a hatred of my faults; a love of my neighbour; and contempt of the world.

Let me ever remember to be submissive to my superiors; condescending to my inferiors; faithful to my friends, and charitable to my enemies.

Assist me to overcome sensuality by mortification; avarice by alms-deeds; anger by meekness; and tepidity by devotion.

O my God, make me prudent in my undertakings; courageous in dangers; patient in affliction, and humble in prosperity.

Grant that I may be ever attentive at my prayers; temperate at my meals; diligent in my employments, and constant in my resolutions.

Let my conscience be ever upright and pure; my exterior modest; my conversation edifying, and my comportment regular.

Assist me, that I may continually labour to overcome nature; to correspond with thy grace; to keep thy commandments, and work out my salvation.

Discover to me, O my God, the nothingness of this world; the greatness of heaven; the shortness of time, and the length of eternity.

Grant that I may prepare for death; that I may fear thy judgment; that I may escape hell, and in the end obtain heaven, through the merits of our Lord Jesus Christ. Amen.

Ejaculations for invoking the Assistance of the Holy Ghost.

COME, Holy Ghost, replenish the hearts of thy faithful, and kindle in us the fire of thy divine love.

O divine Spirit, incline unto my aid; O Lord, make hast to help me.

Conduct me, O Lord, in thy justice, and because of the enemies of my soul, direct my way in thy sight.

Consider, and hear me, O Lord my God; enlighten my eyes, that I may never sleep in death.

O divine Spirit, make the way known to me wherein I should walk; for I have lifted up my soul to thee. Teach me to do thy will, for thou art my God.

Give me grace, O God, to do thy will with a great heart and a willing mind.

Inebriate my soul with thy holy love, O thou Sovereign beauty!

O uncreated fire, when wilt thou consume whatever is imperfect in my soul?

I offer up myself a victim to thy holy will, O my God; do thou with me whatever thou pleasest.

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Hymns and Prayers of the Church, for invoking the Holy Ghost.

The Hymn Veni Creator.

CREATOR Spirit by whose aid
The world's foundation first was laid,
Come visit every pious mind,
Come pour thy joys on human kind;
From sin and sorrow set us free,
And make us temples worthy thee.

O source of uncreated light,
The Father's promised Paraclete!
Thrice holy font, thrice holy fire,
Our hearts with heavenly love inspire;
Come, and thy sacred unction bring,
To sanctify us, while we sing.

Plenteous of grace, descend from high,
 Rich in thy seven-fold energy ;
 Thou strength of his Almighty hand,
 Whose power doth heaven and earth com-
 mand ;
 Proceeding Spirit, our defence,
 Who dost the gift of tongues dispense,
 And crown thy gift with eloquence !

Refine and purge our earthly parts,
 But, oh ! inflame and fire our hearts ;
 Our frailties help, our vice control,
 Subject the senses to the soul ;
 And when rebellious they are grown,
 Then lay thy hand, and hold them down.

Chace from our minds th' infernal foe,
 And peace, the fruit of love, bestow ;
 And lest our feet should step astray,
 Protect and guide us in the way ;
 Make us eternal truths receive,
 And practice all that we believe ;
 Give us thyself, that we may see
 The Father and the Son by thee.

Immortal glory, endless fame,
 Attend th' Almighty Father's name ;
 The Saviour Son be glorified,
 Who for lost man's redemption died ;
 And equal adoration be,
 Eternal Paraclete to thee. *Amen.*

The Hymn Veni Sancte Spiritus.

Come Holy Ghost, send down those beams,
Which sweetly flow in silent streams
From thy bright throne above;
Come thou the Father of the poor,
Thou bounteous source of all our store,
Come, fire our hearts with love.

Come thou, of comforters the best,
Come thou, the soul's delicious guest,
The pilgrim's sweet relief;
Thou art our rest in toil and sweat,
Refreshment in excessive heat,
And solace in our grief.

O sacred light, shoot home thy darts,
And pierce the centre of those hearts,
Whose faith aspires to thee!
Without thy Godhead nothing can,
Have any price or worth in man;
Nothing can harmless be.

Lord, wash our sinful stains away,
Water from heav'n our barren clay,
Our wounds and bruises heal;
To thy sweet yoke our stiff necks bow,
Warm with thy fire our hearts of snow,
Our wand'ring feet repeal.

O grant thy faithful, dearest Lord,
Whose only hope is thy sure word,
The seven gifts of thy Spirit;
Grant us in life to obey thy grace,
Grant us at death to see thy face,
And all bless joys inherit.

The 4th Penitential Psalm.

HAVE mercy on me, O God, according to thy great mercy.

And according to the multitude of thy tender mercies, blot out my iniquity.

Wash me yet more from my iniquity, and cleanse me from my sin.

Because I know my iniquity, and my sin is always before me.

To thee only have I sinned, and have done evil before thee, that thou mayst be justified in thy words, and mayst overcome when thou art judged.

For behold I was conceived in iniquity, and in sin hath my mother conceived me.

For behold, thou hast loved truth; the uncertain and hidden things of thy wisdom thou hast made manifest to me.

Thou shalt sprinkle me with hyssop, and I shall be cleansed. Thou shalt wash me, and I shall be made whiter than snow.

Thou shalt make me hear joy and gladness, and the bones that are humbled shall rejoice.

Turn away thy face from my sins, and blot out all my iniquities.

Create a clean heart in me, O God, and renew a right spirit within my bowels.

Cast me not away from thy face, and take not thy holy spirit from me.

Restore unto me the joy of thy salvation, and confirm me in a perfect spirit.

I will teach thy ways to the unjust, and the wicked shall be converted to thee.

Deliver me from blood, O God, the God of my salvation, and my tongue shall extol thy justice.

Thou, O Lord, wilt open my lips, and my mouth shall declare thy praise.

Because if thou wouldst have had sacrifice, verily I had given it; with burnt offerings thou wilt not be delighted.

A sacrifice to God is a troubled spirit; a contrite and humble heart, O God, thou wilt not despise.

According to thy good will, O Lord, deal favourably with Sion, that the walls of Jerusalem may be built up.

Then shalt thou accept the sacrifice of justice, oblations, and whole burnt offerings, then shall they lay calves upon thy altar.

Glory be to the Father, &c.

A Prayer for gaining Indulgences.

O ETERNAL FATHER, of our Lord Jesus Christ, Creator of all things visible and invisible, source of all our good, infinitely good in thyself, and infinitely gracious, bountiful, and good to us, behold, we, thy poor servants, the work of thy hands, redeemed by the blood of thy only Son, come, in answer to his summons by his vicegerent, to present ourselves as humble petitioners before the throne of thy mercy: We come all in a body, at this time, even all thy people upon earth; and we come in communion with all thy Church in heaven, hoping to be assisted by their prayers and merits, and with Jesus Christ at our head, our High Priest and Mediator, in whose precious blood we put all our trust. We prostrate ourselves here before thee, and most humbly beseech thee to sanctify thy own most holy name, by sanctifying and

exalting thy holy Catholic Church throughout the world. O eternal King! who hast sent thy only Son down from thy throne above, into this earth of ours, to establish a kingdom here among us, whence we might hereafter be translated to thy eternal kingdom; look down, we beseech thee, upon this kingdom of thy Son, and propagate it through all nations and through all hearts: Sanctify it in all truth, maintain it in peace, unity and holiness: Give it saints for its rulers, its chief pastor, and all its other prelates: Enlighten them all with heavenly wisdom, and make them all men according to thy own heart. Give thy grace and blessing to the clergy, and send amongst them that heavenly fire which thy Son came to cast on the earth, and which he so earnestly desired should be enkindled. Assist and protect all apostolic missionaries, that they may zealously and effectually promote thy glory, and the salvation of souls redeemed by the blood of thy Son: Sanctify all religious men and women of all orders. Give them grace to serve thee with all perfection, according to the spirit of their institute, and to shine like lights to the rest of the faithful. Have mercy on all Christian princes, grant them those lights and graces that are necessary for the perfect discharge of their duty to Thee, and to their subjects, that they may be true servants to Thee, the King of kings, true Fathers to their people, and nursing Fathers to thy Church. Have mercy on all magistrates, and men in power, that they may all fear thee, love thee, and serve thee, and ever remember that they are thy deputies, and ministers of thy justice. Have mercy on all thy people throughout the world, and give thy blessing to thy inheritance.

Remember thy congregation which thou hast possessed from the beginning, and give thy grace to all christians here upon earth, that they may do thy will in all things, even as the blessed do in heaven.

Extend thy mercy to all poor infidels that sit in darkness and in the shadow of death ; to all those nations that know thee not, and that have not received the faith and law of thy Son their Saviour ; and to all Pagans, Mahometans, and Jews. Remember, O Lord, that all those poor souls are made after thy own image and likeness, and redeemed by the blood of thy Son. O let not satan any longer exercise his tyranny over these thy creatures, to the great dishonor of thy name. Let not the precious blood of thy Son be shed for them in vain. Send among them zealous preachers and apostolic labourers, endued with the like graces and gifts as thy apostles were, and bless them with the like success, for the glory of thy name, that all these poor souls may be brought to know thee, love thee, and serve thee here in thy church, and bless thee hereafter for all eternity.

Look down also with an eye of pity and compassion on all those deluded souls, who, under the name of Christians, have gone away from the paths of truth and unity, and from the one fold of the one Shepherd, thy only Son Jesus Christ, into the by-paths of error and schism. O bring them back to thee and to thy church. Dispel their darkness by thy heavenly light. Take off the veil from before their eyes, with which the common enemy has blindfolded them : Let them see how they have been misled by misapprehensions and misrepresent-

tations. Remove the prejudices of their education. Take away from them the spirit of obstinacy, pride, and self-conceit. Give them an humble and docile heart, give them an ardent desire of finding out the truth, and a strong grace to enable them to embrace it, in spite of all the opposition of the world, the flesh, and the devil. For why should these souls perish for which Christ died? Why should Satan any longer possess those souls, which, by their baptism, were dedicated to thee to be thy eternal temple?

O Father of lights, and God of all truth, purge the whole world from all errors, abuses, corruptions, and vices. Beat down the standard of Satan, and set up everywhere the standard of Christ: Abolish the reign of sin, and establish the kingdom of grace in all hearts. Let humility triumph over pride and ambition, charity over hatred, envy and malice, purity and temperance over lust and excess, meekness over passion, and disinterestedness and poverty of spirit over covetousness, and the love of this perishable world. Let the gospel of Jesus Christ, both in its belief and practice, prevail throughout the universe.

Grant to us thy peace, O Lord, in the days of our mortality, even that peace which thy Son bequeathed as a legacy to his disciples; a perpetual peace with thee, a perpetual peace with one another, and a perpetual peace within ourselves: grant that all christian princes and states may love, cherish, and maintain peace and concord among themselves: Give them a right sense of the dreadful evils that

attend on the waging of war: Give them an everlasting horror of all that bloodshed, of the devastation and ruin of so many territories, of the innumerable injustices, and the eternal loss of so many thousand souls, as are the dismal consequences of warfare. Turn their hearts to another kind of conflict; teach them to fight for a heavenly kingdom.

Remove, O Lord, thy wrath, which we have reason to apprehend is actually hanging over our heads for our sins. Deliver all christian people from the dreadful evil of mortal sins. Make all sinners sensible of their misery; give them the grace of a sincere conversion to thee, and a truly penitential spirit, and discharge them from all their bonds. Preserve all Christendom from the evils that threaten impenitent sinners, such as plagues, famines, earthquakes, fires, inundations, mortality of cattle, sudden and unprovided death, and the many other judgments here, and eternal damnation hereafter. Comfort all those that are under any affliction, sickness or violence of pain. Support all that are under temptation, reconcile all that are at variance, deliver all that are in slavery or captivity, defend all that are in danger, grant a relief to all in their respective necessities, and give a happy passage to all that are in their agony.

To thy infinite mercy, O great God, we also most earnestly recommend our poor Country. Oh! be graciously pleased to turn away thy anger from us, and blot out all our iniquities. Let the light of thy countenance shine once more upon us, and bring back all that stray to the communion of thy holy

church. In a particular manner we recommend to thee ourselves. Be pleased, for thy own name's sake, to reform all abuses, and take away all scandals from amongst us. Grant to our pastors the spirit of wisdom, zeal, holiness and purity, and grace to enable them faithfully to discharge their weighty duties. Grant to our people the spirit of evangelical humility, docility and obedience. Grant us all peace and unity with each other, and so adorn our souls with solid virtue, that all men seeing our good works, may glorify thee, our heavenly Father. Finally, we earnestly recommend to thee the souls of all the faithful departed in thy peace. Grant them rest, O Lord, and a place of respite, and bring them soon to the possession of thy eternal glory; and enable us, who are still alive, so to spend the few days of our lives, that yet remain, in the spirit of humility and penance, that, having fully discharged what we owe to thy divine justice, before we leave this world, or being mercifully delivered from that debt through thy Fatherly indulgence, which we hope from thy goodness at this time, we may be speedily admitted to thy divine presence. Through Jesus Christ our Lord and only Saviour, who with thee and the Holy Ghost liveth and reigneth one God world without end. Amen.

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A prayer for obtaining Divine Grace.

O LORD, my God, who hast created me to thy own image and likeness; Gen. i. 26. grant me this grace, which thou hast declared to be so great and so necessary to salvation, that I may overcome my corrupt nature, which draws me to sin and perdition. For I perceive in my flesh the law of sin contradicting the law of my mind and leading me captive, Rom. vii. 23, to obey sensuality in many things. Neither can I resist the passions thereof, unless assisted by thy holy grace, infused copiously into my heart.

I stand in need of thy grace, and of a great grace, to overcome nature, which is always prone to evil from her youth, Gen. viii. 21. For the first man Adam being corrupted by sin, the punishment of his sin has descended upon all mankind. So that nature itself, which by thee was created good and right, is now put for the vice and infirmity of corrupt nature; because the motion thereof, left to itself, draws to evil, and to things below; for the little strength which remains, is but like a spark hidden in the ashes. This is our *natural reason*, which is surrounded with a great mist, having yet the judgment of good and evil, and of the distance of truth and falsehood; though it be unable to fulfil what it approves; neither does it now enjoy the full light of truth, nor the former integrity of its affections.

Hence it is, O my God, that according to the inward man I am delighted with thy law, knowing thy command to be good, just and holy, Rom. vii. 23 &c., and reproving all evil and sin, as what ought to be shunned. And yet in the flesh I serve the law of sin, whilst I rather obey sensuality than reason,

Hence it is, *that to will good is present with me, but how to accomplish it I do not find*, ib. v. 18. Hence I often make many good purposes; but because I want grace to help my weakness, through a slight resistance, I recoil and fall off. Hence it comes to pass, that I know the way to perfection, and see clearly enough what it is I ought to do; but being pressed down with the weight of my own corruption, I rise not to those things which are more perfect.

O how exceedingly necessary is thy grace for me, O Lord, to begin that which is good, to go forward with it, and to accomplish it! For without it I can do nothing. But I can do all things in thee, Phil. iv. 13. when thy grace strengthens me. O truly heavenly grace, without which we have no merits of our own, neither are any of the gifts of nature to be valued! No arts, no riches, no beauty or strength, no wit or eloquence, are of any worth with thee, O Lord, without grace; for the gifts of nature are common to the good and bad. But grace, or divine love, is the proper gift of the elect, which they that are adorned with, are esteemed worthy of eternal life. This grace is so excellent, that neither the gift of prophecy, nor the working of miracles, nor any speculation, how sublime soever, is of any value without it. I Cor. xiii. 2. Nor even faith, nor hope, nor any other virtues are acceptable to thee, without charity and grace.

O most blessed grace, which maketh the poor in spirit rich in virtues, and renderest him that is rich in many good things humble of heart: come descend upon me; replenish me betimes with thy consolation,

lest my soul faint through weariness and dryness of mind. I beg of thee, O Lord, that *I may find grace in thy sight*; Gen. xviii. 3. *for thy grace is enough for me*, 2 Cor. xii. 9. though I obtain none of those things which nature desires. If I be tempted and afflicted with many tribulations, *I will fear no evils*, whilst thy grace *is with me*; Psal. xxii. 4. She is my strength; she gives counsel and help; she is more mighty than all my enemies, and wiser than all the wise.

She is the mistress of truth, and teacher of discipline, the light of the heart, the comfort of affliction, the banisher of sorrow, the expeller of fear, the nurse of devotion, the producer of tears. What am I without her, but a piece of dry wood, and an unprofitable stock, fit for nothing but to be cast away! *Let thy grace, therefore, O Lord, always both go before me and follow me, and make me ever intent upon good works, through Jesus Christ, thy Son. Amen.*

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